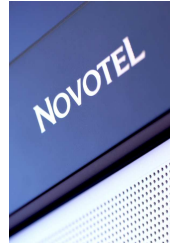


Invigorate your event program.....



Why not consider one of the many activities of the Sunshine Coast, whether your group are adventure seekers, couples or families, we hope this guide provides you with some great Ideas!. We can source prices for your unique group requirements.

Please note: as prices are subject to change with little or no notice we have excluded them.

ADVENTURE SEEKERS. . . .

SKY DIVING – 6,000ft (10secs), 12,000ft (45secs), 14,000ft (65secs). Beach Landings, Day and Night dives available.

CLIMBING AND ABSEILING – The Sunshine Coast is loaded with Great Climbing! From Mt Tinbeerwah to the Glasshouse Mountains. Can accommodate large and small groups and will tailor the adventure to your needs and experience.

KITE SURFING – Are you ready to learn to Kitesurf? Instructors can teach you in a few short hours. Crazy and Exhilarating!

MOUNTAIN BIKE RIDING AND KAYAKING – Experience the thrill of the downhill blast of Mt Tinbeerwah, followed by a scenic off-road adventure through Noosa's beautiful rainforest tracks. Morning Tea, then kayak through Noosa's hidden waterways.

SCUBA DIVING – For the Beginners to the Advanced, there's something on offer for you all. Whether it is exploring the depths of the recently sunk HMAS Brisbane, Local Reef Dives or Swimming with the Sharks in a safe and controlled environment. (including two dives, morning tea and dive equipment).

SHARK DIVES – happen at Under Water World in Mooloolaba. Not for the faint hearted, done within a controlled environment. If you are not so brave, then maybe a seal swim is more your thing?

DEEP SEA FISHING – Want to catch your dinner or travel on the high sea? The Sunshine Coast is one of the best locations for deep-sea fishing in Australia. There are full day, $\frac{3}{4}$ day and half-day charters, with vessels departing in the mornings and afternoons from Noosa or Mooloolaba.

SAILING - Offering numerous activities such as; Champagne Sunset Cruise Half Day Cruises, Full Day Cruises or a Fun Sail. Cruise the canals of the Mooloolah River in a luxurious Yacht. Settle back with complimentary champagne, strawberries and nibbles or cruise the day along the Sunshine Coast to Noosa or south to Caloundra.

BEACH AND BUSH HORSE RIDING - Located on Noosa's North shore, spend a hour or so riding through the Bush and riding on the Beach. Different packages available.

JET SKI HIRE - Hire a Jet Ski for some fun on the Maroochy River or perhaps indulge in the Gourmet Breakfast Cruise, the River Rush Tour or Scenic Tour. Can be arranged to pick you up from the Resort Jetty.



FAMILIES. . . .

AUSTRALIA ZOO - Your family is going to have a great day at the Zoo! Shows start from 1100 at the crocoseum so be there early to get a good seat. Feed the elephants or see the tigers play or feed the kangaroos, there is so much to see at The Australia Zoo!

UNDERWATER WORLD - Queensland's largest Aquarium and Oceanarium. From the re-creation of the Great Barrier Reef, Otter encounters, Crocodiles, Dinosaur World, swimming with the Seals or Sharks there is plenty to do and see for everyone.

BIG KART TRACK - The biggest commercial kart track in Australia. Located 5 minutes from The Australia Zoo a great way to start or finish a day out! Or if that's not enough in one day why not try the Bungy bullet!!

TOP SHOTS - Something for all ages. Choose from one of the two 18 hole mini golf courses. Drive the Blaster Boats. Bounce on the Extreme Vertical Trampoline. Play in the Video Arcade and stay for lunch.

HAND FEEDING THE DOLPHINS - There are few places in the world that wild dolphins choose to interact with humans. The Dolphins are the highlight of this special tour, combined with a scenic drive through the Cooloola Hinterland and the Toolara State forest.

LEARN TO SURF - Always something that you have wanted to do? Looks easy enough or is it? An activity the entire family can enjoy, they even pick you up. Group lessons and Private lessons available.

GINGER FACTORY - Located in Yadina and the only one in Australia. Free entry, or you can pay the minimal cost to ride the steam train or take a ginger tasting tour. Great gift store and ginger bread men are yummy. If gingers not everyone's thing why not visit the Macadamia Nut factory across the road. Free entry, rides and tours are additional cost.

BELLINGHAM MAZE - Set in the Tropical Wilderness at Tanawha. Night mazes, the hedge maze, tropical gardens, puzzles for the mind, huge walk through aviary, Devonshire tea. Family fun for all ages.

GOLD COAST THEME PARKS - The best theme parks in Australia and are all located with in 20mins of each other. You can spend the day on water slides at Wet n wild or see the dolphins at Sea World or see Shrek and his friends at Movie World. Dreamworld is there with the Wiggles and the beautiful tigers. (Situating approximately 2.5hrs south of us).

CAMEL SAFARIS - the ultimate relaxing adventure . . . with a difference. Choose from the 2hrs, 1.5hrs or 1hr Beach & Bush Safari, enjoy ocean views. Overnight Safaris and 6-Day Wilderness Safaris on Fraser Island are also available.

DISCOVERY DESK

NOVOTEL TWIN WATERS RESORT

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COUPLES

SUNSET AND SEAFOOD CRUISES - Seafood Cruises depart from Mooloolaba traveling through the waterways of Mooloolaba. Enjoy the exquisite cold seafood buffet and sensational hot dishes, all cooked onboard. Lunch or Dinner. From \$68pp. Or perhaps a Sunset Cruise from Caloundra. Sit back and relax and enjoy the view. The perfect pre-dinner experience.

FRASER ISLAND DAY TRIPS - This is a truly unique experience to the Sunshine Coast and a definite must. Whether you do a Day Tour or spend a couple of days over there. The Personalised day Tours consist of morning tea, a delicious cooked lunch, afternoon tea. Walk down the boardwalk and be blown away by the pristine beauty, a swim in Lake McKenzie, Coloured Sands, from the beaches to the rainforest, all in the comfort of a 4 Wheel Drive with your own passionate informative guide.

EUMUNDI MARKETS AND WINE TASTING - Spend the morning meandering around the renowned Eumundi Markets with over 450 stalls of Handcrafted products and Local produce, there's bound to be something you will love and characters that will make you laugh. A favourite with Locals and Visitors alike. Then while away the afternoon with a relaxed introduction to some of the Coast's Wineries, from Settlers Rise to the Little Morgue Winery.

SCENIC FLIGHTS - Spot whales and dolphins, learn about some of our local history and Feel the Thrill of take off and landing on water. Many options available, from Fraser Island, the Sunshine Coast and Hinterland to the Majestic Glasshouse Mountains.

MONTVILLE & THE HINTERLAND - Make the time to visit this quaint little village nestled in the Hinterland on the Blackall Range. Set amongst the trees with spectacular views over the Valley and the Sunshine Coast. Montville is scattered with Local craft shops, Boutiques, Cafes and Restaurants, a delightful place to spend your day. Don't forget to visit Maleny, Mapleton and Flaxton as well as the Wineries and Cheese Factory.

EVERGLADES CRUISE - A leisurely Day Tour or just an Afternoon Cruise through the enchanting wetlands of the 55,000-hectare Cooloola national Park is the ultimate experience in tranquillity. See nature at its best. Pelicans, cormorants, ibises, blues cranes and the majestic osprey eagle are just some of the wildlife abounding in the area. 4-hour cruise.

RAINFOREST TOUR - Come on a journey off the Beaten Track and enjoy special access to one of the worlds' last remaining subtropical rainforests. See waterfalls, rock pools and ancient vines intertwined through the age old trees. A pristine paradise that few know exists. The day includes morning tea, Lunch, afternoon tea, a swim and many walks with your experienced and knowledgeable guide.

GREAT BARRIER REEF - Lady Elliot Island is the most southernst island of the Great Barrier Reef and only an hours flight away from the Sunshine Coast. A Day Trip includes, Return Transfers by limousine to the airport, Glass Bottom Boat Ride, Snorkeling, Swimming, Guided Reef Talk and a Buffet Lunch.

PICNIC LUNCH RIDE – Take a ride on a custom built Harley Davidson Trike with your special someone and take off for a picnic lunch with a choice of the most spectacular picnic spots on the Sunshine Coast.



SOMETHING A LITTLE DIFFERENT

TRIKE TOURS - From 1hour joy rides to full day scenic tours. Ask about the various packages on offer, Gourmet Picnic Ride, Winery Tours, Champagne Breakfast Ride or the Montville Magic Lunch Ride.

UNIQUE GLIDING - The only one in Australia, the two seater Super Dimona is built by the Diamond Aircraft Company in Austria. One third of your flight is gliding; the remainder of the flight is cruising mode with the ultra smooth engine. Scenic flights all over the Coast.

HELICOPTER FLIGHTS - Experience the joys of flying in a Helicopter.

Glasshouse Mountains Adventure: Soar above the world flying up close to see these marvels of volcanic history. **Sunshine Coast Premium:** Take in all the magnificent views of the Coasts best beaches and rocky headlands including the world famous Noosa National Park before turning inland to some of Queensland's most famous hinterland. Joy Rides available.

THE VALLEY RATTLER - Ride the Rattler through the Scenic Mary Valley. This Spectacular journey begins at Gympie Station winding its way through the countryside and the villages of Dagon, Amamoor, Kandanga and Imbil. Full and Half day Tours are available.

WALKS. . . .

KONDILILLA FALLS – drops 90m into the Rainforest Valley below. Kodalilla got its name from an Aboriginal word meaning “rushing water”. Try the 2.4km walk to the top of the falls, The Picnic Creek Circuit. Or the Rock Pools Walk 3.2km return, where you can have a swim.

MARY CAIRNCROSS PARK - one of the best remnants of subtropical rainforest in Australia with absolutely amazing views across the Glasshouse Mountains. There is a 1.2km walk through the forest, an abundance of native birds and the Education Centre is worth a visit. (Wheel chair friendly).

MAPLETON FALLS NATIONAL PARK – cascading 120m over a series of black basalt rocks, Mapleton Falls plunges into the cool rainforest gorge below. Spectacular views of the gorge and beyond to the Obi Obi Valley. Try out the Wompoo Track 1.3kms return.

NOOSA NATIONAL PARK – bushwalk through the beautiful Noosa National Park, flora & fauna. An extensive network of walking trails will take us through pockets of rainforest to open coastal scrub, to breathtaking ocean views from the sea cliffs at Noosa Heads.

GLASSHOUSE MOUNTAINS - the eroded remnants of volcanoes approximately 25-27 million years old. There are many walking tracks scattered throughout the Glasshouse Mountains, ranging from easy, moderate to challenging. There is an abundance of wildlife living here, koalas, goannas, echidnas, grey kangaroo and native birds.

... there are so many places to explore it's impossible to name them all , please feel free to contact us